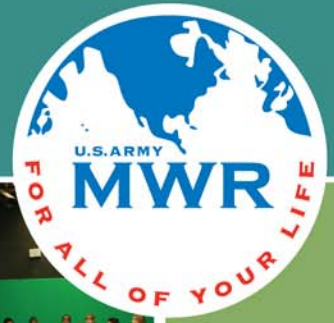


Out & About

The USAG Schweinfurt Magazine for all of your life
www.schweinfurt.army.mil



April 2009



Month of the Military Child



Spring Trips pgs. 4-5 | Bowling: Better than Ever pg. 6 | Live Music pg. 10 | Month of the Military Child pg. 15

Out & About is a monthly magazine for Family and Morale, Welfare and Recreation activities at USAG Schweinfurt. Circulation: 1,200. The information in this issue is current at the time of publication; activities and events are subject to change. For information, call the individual facility. The appearance of advertising does not constitute endorsement by the Department of Defense.

DFMWR Marketing & Advertising is located in The Commons, Bldg. 224, Ledward Barracks. CIV 09721-96-6527 or DSN 354-6527. Send e-mail to mail.sft.marketing@eur.army.mil.

USAG Schweinfurt Commander

LTC Anthony E. Haager

Director, Family and Morale, Welfare and Recreation

Michael B. Duday

Editor

Amy Williams

Layout Designer

Nathan Van Schaik

April 12 at 2:15 p.m.

Andrus Garden

(Outside Bldg. 206, Ledward Barracks)

EASTER EGG

I HUNT

Lots of goodies to find! Meet the Easter Bunny!
For information, call 09721-96-6186 or DSN 354-6186.



volunteer

VOLUNTEER RECOGNITION CEREMONY

April 23, 11 a.m. - 1 p.m. Kessler Bowling Center

Food, fun and festivities for all registered volunteers. Volunteer of the Year announced. For information, call 354-6933.

NATIONAL VOLUNTEER WEEK

April 19-25

Make a difference and volunteer. Register as a volunteer today at myarmylifetoo.com. For assistance, call 354-6933.





GET WIRED.
FREE INTERNET ACCESS



Bldg. 242, Ledward Barracks
Monday-Thursday, 10 a.m.-8 p.m.

Closed Friday

Saturday, Sunday & Holidays, 10 a.m.-6 p.m.

09721-96-1740 or DSN 354-1740

Weekly Events

Wednesday, 9:30 a.m. – **Soldier In-Processing Class.**

Wednesday, 10 a.m. - **Health Nurse Meeting,**
Conference Room 1

Wednesday, 10 a.m. - **Children's Story Time and Crafts.** Open to preschoolers and their parents.

Special Events

April 1 -3

Month of the Military Child

To honor Month of the Military Child and National Library Month, the library, in collaboration with the Schweinfurt Elementary School, will hold a giant bookmark contest with the central theme of safety.

April 4 -12

Giant Bookmark Display

The bookmarks are displayed at the library during spring break. We encourage the students and their parents to visit the library and vote for their favorite design.

April 5

Army Europe Libraries Website Orientation Class

Class begins at 2 p.m. Find out what is featured for the month of April at www.library.eur.army.mil.

April 11

Video Gamers Tournament "Just for Fun"

The library invites you to bring your favorite video game and join others to compete in a "just for fun" tournament at 3 p.m.

April 14 (8:30 a.m.) & April 16 (1:15 p.m.)

Bookmark Presentation & Ceremony

We'll host the bookmark presentation ceremonies and announce the winners. The ceremonies are accompanied by short briefs and skits on safety from the Fire Department, Military Police, ACS Family Advocacy Program and more.

April 21

Library Teen Advisory Group

Teens in 7th – 12th Grade will discuss the design of the library's Teen Corner. Group meets at 6 p.m.

April 25

Library Corner at Kinderfest

See ad below.

April 30

Book Club Meeting

Library Book Club meets at 5:15 p.m. in the library staff room. Coffee, tea and treats will be served. Book title is *In Defense of Food* by Michael Pollan. For more information, call Ms. Pam Rio at 09721-96-6487 or DSN 354-6487.

LIBRARY CORNER AT KINDERFEST

April 25 SAS, Bldg. 575, Askren Manor

Visit our teen corner from 1:30-4:30 p.m. and trade your video games and graphic novels or little ones can enjoy a tale or two told by the library storyteller. We'll also feature our first children's book drive: All donated books are sent to the HHC 9th Engineers in Kalsu, Iraq who support young Iraqi children on/around their base.



SPRING 2009 TRIPS

EXPLORE GERMANY TODAY



Outdoor Recreation Trips

Conn Barracks, Bldg. 50

CIV: 09721-96-8080

DSN: 353-8080

*Trips depart from, and return to, Outdoor Recreation.
Sign up in advance. Bring Euros for personal expenses.*

May 9

High Ropes Course

Challenge yourself, physically and mentally, on over 100 elements in different heights (while safe in a harness!) Depart at 12 p.m. and return around 4 p.m. Cost: \$30 for transportation, use of the Ropes Course and equipment.



May 17

Winefest in Stammheim

Let us do the driving while you enjoy the sampling! Depart at 12 p.m. and return around 5 p.m. Cost: \$10 for transportation.



May 31

Vineyard Hike in Zeilitzheim

Enjoy this unique hike through the vineyards of Zeilitzheim and taste the delicious homemade cakes, cheese and more. Depart at 12 p.m. and return around 5 p.m. Cost: \$10 for transportation and guide.



June 13

Military Museum in Stammheim & Classic Car Show

It's a military history buffs' paradise! The museum displays a wide historical range, from the occupation of the region by Napoleon around 1800 through the First and Second World Wars and the invasion of American troops in 1945. Cost: \$10 for transportation.



June 20

Day Trip to the Rhoe

We'll visit the Wasserkuppe with their Summer Roller-coaster, the Outdoor Museum in Fladungen and the famous Kreuzberg Monastery best known for its delicious beer. Don't miss out! Depart at 9 a.m. and return around 5:30 p.m. Cost: \$20 for transportation and entrance to the museum.



Got questions about camping? Want to venture out on your own? The FMWR Outdoor Recreation staff offer expert advice on the best outdoor activities in Germany. Also, choose from a vast selection of affordable rental equipment such as camping and paintball supplies. Offered year round. Check it out today!



Crafts Studio Trips

Ledward Barracks, Bldg. 203
CIV: 09721-96-6903
DSN: 354-6903

All trips depart from, and return to, the Crafts Studio. Trips are subject to sign-ups & availability of transportation. Transportation is free; bring Euros for personal expenses.

Ledward
Crafts Studio

April 13

Little Easter Market at Würzburg

Come peruse this small, but interesting, Easter egg market in the Schlosshotel Steinburg. Plan on coffee & cake at the Terrace Café! Depart at 1 p.m. and return at 6 p.m.



May 10

Kukuksmarkt at Rückersfeld

A traditional handcraft and farmers market with games for the children and lots of food. We'll stop at a flea market on the way. Depart at 8 a.m. and return at 6 p.m.



May 23

Teddy and Doll Fair at Sonnenburg

This is the sixth year for this event. After the fair, we'll stop at Coburg for a night flea market from 6-11 p.m. Depart at 1 p.m. and return in the evening.

May 24

Coburg All City Flea Market

This is a biannual event with several hundred vendors offering old and new items. Museums and shops open during the event. A stop at the Gerate Museum at Ahorn is also planned. Depart at 8 a.m. and return at 6 p.m.



June 1

International Africa Festival at Würzburg

This is the 21st International Africa Festival! There will be entertainment, displays, and crafts and food from all the African nations. This is a huge fest and requires several hours to enjoy! Depart at 10 a.m. and return in the late afternoon.

June 14

281st Salatkirmes at Ziegenhain

This is a very traditional folk fest in the home-town of Little Red Riding Hood. Ziegenhain is the location from which the Hessian soldiers came to fight in the American Revolution. The fest has a wonderful parade and a carnival with rides and lots of food. We'll stop at a flea market on the way. Depart at 8 a.m. and return time is TBD.



BOSS/Finney Recreation Center Trips

Conn Barracks, Bldg. 64
CIV: 09721-96-8476
DSN: 353-8476

All trips depart from, and return to, Finney Fitness Center. Sign up deadline is one week before trip date; a minimum of 30 people is necessary. Cost is for transportation only; bring Euros for personal expenses & entry fees.

TRIP-N with BOSS

April 25

Europa-Park

Visit Germany's biggest and most popular theme park! Enjoy Children's World, Adventure Land, Germany, Russia, Scandinavia and more. This year, the park unveils its first looping rollercoaster. Depart at 4 a.m. and return at 6 p.m. Cost: €42 per person

May 23

Nürnberg Zoo and City Tour

Check out 300 animal species kept at the "Tiergarten," which is one of the largest zoos in Europe. Nürnberg is a lively city with a visible history of almost 1,000 years....its many captivating sights will ensure you won't be bored! Depart at 8 a.m. and return at 6 p.m. Cost: €24 per person.



June 13

Warner Brothers Movie World

The largest movie theme park in Germany offers five themed areas with over 40 attractions...all devoted to the world of film! The kiddies will love SHREK 4D Cinema and Nickland, featuring Spongebob and his friends. Get an adrenaline kick with a 60 meter drop on the "High Fall" or an intense roller coaster adventure on "MP Xpress." Depart at 4 a.m. and return at 6 p.m. Cost: €47 per person.



SPRING 2009 TRIPS

Arts & Crafts Studio

Bldg. 203, Ledward Barracks

09721-96-6903 or DSN 354-6903

Hours: Wednesday & Thursday, 1-9 p.m.;

Friday & Saturday, 10 a.m.-6 p.m.

Birthday Party Planning

Plan your next birthday party, club meeting or FRG meeting at the Crafts Studio; call ahead to schedule your event. Advance notice is required for assistance from the Studio staff for a creative presentation or activity.

Ledward Crafts Studio Classes

All materials are available at the Studio. Class cost is \$35 plus materials for six sessions, unless otherwise noted. Alternate class days and times can be arranged upon request.

Basket Workshop

All skill levels are welcome to make a small market or egg basket. Workshop is on Wednesday at 6 p.m.

Patchwork Quilting

This is a handwork class that meets on Tuesday from 6 – 8 p.m.

Crochet Cats

Interest group meets on Wednesday from 6 – 8 p.m. Bring your projects to share with the group; beginners are welcome. Information is available for local and on-line sources of supplies.

Lace Making With David

Work at your own pace in this class to learn about the very special European craft of lace making.

Class meets on Thursday from 6– 8 p.m.

Hand Weaving & Hand Spinning

Enjoy the old world crafts of weaving on the loom and hand spinning with the spinning wheel.

Class meets on Thursday at 5:30 p.m.

Ceramics

Mold ceramics orientation is offered every Saturday. Class is from 11 a.m. – 3 p.m. Cost is \$20 which includes all materials; Ask about family rates.

Pottery

Pottery using the potter's wheel is offered on Saturday from 2– 4 p.m.

Wood 'N' Frame Shop

09721-96-6304 or DSN 354-6304

Hours: Tuesday-Friday, 2-8:45 p.m.; Saturday & Sunday, 10 a.m.-4:45 p.m.;

Closed Monday; 1st & 3rd Tuesday; 2nd & 4th Sunday

Wood 'N' Frame Shop Classes

All materials are available at the shop. Sign up in advance.

Veneer Chess Board Making

Wednesday, 6–8 p.m. Cost is \$50 for three sessions and includes all materials and instruction.

Wood Shop Orientation

Saturday, 10-11:30 a.m. Class is free and required to use the wood shop.

Matting and Framing with Achim

Second and fourth Saturday of the month, 12 – 3 p.m. Cost is \$10, plus materials. Reserve your seat early as space is limited.

SPECIALS

GO Bowling

TUESDAYS-FRIDAYS

Lunch & Bowl (11 a.m. - 1 p.m.)
\$6 for two games and lunch!

TUESDAYS

Coffee Bowl (9-11 a.m.) &
Penny Bowl (5-11 p.m.)

WEDNESDAYS

Coffee Bowl (9-11 a.m.) &
Red Pin Bowl (5-11 p.m.)

THURSDAYS

FRG Bowling League (10 a.m.) &
Mixed Bowling League (6 p.m.)

FRIDAYS & SATURDAYS

Cosmic Bowling (8 p.m.)

SATURDAYS

YABA Bowling League for kids
ages eight to 18 (10 a.m.)

SUNDAYS

Family Day: \$1.50 games and
free shoes

We offer delicious food, video games for the kids,
slots for the adults and plenty of good music all

within a friendly
atmosphere.
Come bowl
today!



Kessler Field, Bldg. 449

Friday-Saturday,

11 a.m.-12 a.m.

Sunday & Tuesday-Thursday,

11 a.m.-11 p.m.

Closed Monday

09721-83391 or DSN 354-6332.



SPORTS of all sorts

Ladies' Dodgeball Exhibition Tournament

**April 9, 6-8:30 p.m.,
Finney Fitness Center**

Registration: April 1-8. Open to female ID cardholders age 18 and older (not in high school). Teams consist of five to eight players.

Unit Level Volleyball Season

**April 20-23, 6-8:30 p.m.,
Kessler Fitness Center**

Open to unit level teams only (rear detachment teams can combine within battalion). Awards for first and second place teams. First place team advances to IMCOM-E Volleyball Championships in Ansbach on May 6-9.

Community Softball Players Needed Season begins April 21. Games played on weekends at various military communities.

Registration: April 1-16. Open to male/female ID cardholders age 18 and older (not in high school).

FRG Volleyball Tournament

**April 25, 9 a.m.-5 p.m.,
Kessler Fitness Center**

Registration: April 11-21. Compete against other FRGs in the Schweinfurt community! Open to male/female ID cardholders age 18 and older (not in high school). Teams consist of eight players.

Women's Recreation Softball League Season begins April 30. Games played on Thursdays, 6 p.m. & 7 p.m., at Red Field, Conn Barracks.

Registration: April 13-23. Open to female ID cardholders age 18 and older (not in high school).

Unit Level Softball Season

**Season begins May 12 at Pendleton
Field, Conn Barracks.**

Registration: April 20-May 4. Open to unit level teams only (rear detachment teams can combine within battalion).

All events are free.

**Register at Finney Fitness Center,
Bldg. 64, Conn Barracks
09721-96-8234 or DSN 353-8234.**

Kessler Fitness Center

Your Partner in Good Health

Fitness Classes

Bldg. 451, Kessler Field
Monday-Friday: 6 a.m.-9 p.m.
Saturday and Federal Holidays: 10 a.m.-6 p.m.
Sundays: 10 a.m.-5 p.m.

Monday

Tuesday

Wednesday

Thursday



Spinning:
6:45 - 7:30 a.m.

1

Training for 1st 5k:
6 - 6:45 a.m.
Spinning:
9 - 9:45 a.m.
Power Yoga:
5:30 - 6:30 p.m.
Aerobics:
6:30 - 7:30 p.m.

2

Spinning:
6:45 - 7:30 a.m.

6

Training for 1st 5k:
6 - 6:45 a.m.
Pilates:
9 - 10 a.m.
Bootcamp Spinning:
12 - 12:30 p.m.
Spinning:
5:30 - 6:15 p.m.
Aerobics:
6:30 - 7:30 p.m.

7

Spinning:
6:45 - 7:30 a.m.

8

Training for 1st 5k:
6 - 6:45 a.m.
Power Yoga:
9 - 10 a.m.
Spinning:
5:30 - 6:15 p.m.
Aerobics:
6:30 - 7:30 p.m.

9

Spinning:
6:45 - 7:30 a.m.

13

Training for 1st 5k:
6 - 6:45 a.m.
Spinning:
9 - 9:45 a.m.
Bootcamp Spinning:
12 - 12:30 p.m.
Pilates:
5:30 - 6:30 p.m.
Aerobics:
6:30 - 7:30 p.m.

14

Spinning:
6:45 - 7:30 a.m.

15

Training for 1st 5k:
6 - 6:45 a.m.
Spinning:
9 - 9:45 a.m.
Power Yoga:
5:30 - 6:30 p.m.
Aerobics:
6:30 - 7:30 p.m.

16

Spinning:
6:45 - 7:30 a.m.

20

Training for 1st 5k:
6 - 6:45 a.m.
Bootcamp Spinning:
12 - 12:30 p.m.
Spinning:
5:30 - 6:15 p.m.
Aerobics:
6:30 - 7:30 p.m.

21

Spinning:
6:45 - 7:30 a.m.

22

Training for 1st 5k:
6 - 6:45 a.m.
Aerobics:
6:30 - 7:30 p.m.

23

Spinning:
6:45 - 7:30 a.m.

27

Training for 1st 5k:
6 - 6:45 a.m.
Spinning:
9 - 9:45 a.m.
Bootcamp Spinning:
12 - 12:30 p.m.
Pilates:
5:30 - 6:30 p.m.
Aerobics:
6:30 - 7:30 p.m.

28

Spinning:
6:45 - 7:30 a.m.

29

Training for 1st 5k:
6 - 6:45 a.m.
Spinning:
9 - 9:45 a.m.
Aerobics:
6:30 - 7:30 p.m.

30

All classes are FREE! Personal Trainer, Pre/Postnatal Training and Unit PT classes are available upon request. Kessler Fitness Trainers are trained and certified. Sign up at Kessler Fitness Center, Bldg. 451, Yorktown Village, or call **CIV 09721-96-6735 or DSN 354-6735.**



**Open
Registration
Until Teams Full**

**COST: \$25 for Bambinos (ages 3-5)
\$46 for ages 6-18**

Participants must have current CYS Services registration and sports physical.

Central Registration
Ledward Barracks, Bldg. 224, The Commons
Mon - Fri, 8 a.m. - 5 p.m.
09721 - 96 - 6517 or DSN 354 - 6517



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

MWR offers wireless Internet at the following locations:

FINNEY RECREATION CENTER
Bldg. 64, Conn Barracks

*** CAFE ROHR/ROHR'S DINER**
The Commons, Ledward Barracks

LEDWARD LIBRARY
Bldg. 242, Ledward Library

*** KESSLER BOWLING CENTER**
Bldg. 449, Kessler Field

**Fees apply*



Children's Storytime & Crafts
pg. 3



Pool Tournament
pg. 11

*** COSMIC BOWLING ***
pg. 6

Teacher Work Day
No School
(SES, SMS, BHS)

*** COSMIC BOWLING ***
pg. 6

Begin Spring Break
(SES, SMS, BHS)



SAS Spring Break Camp Begins
pg. 15

Children's Storytime & Crafts
pg. 3



Auto Skills Class
pg. 16



Ladies' Dodgeball Exhibition
pg. 7

*** COSMIC BOWLING ***
pg. 6

Teen Center Spring Break Jam
pg. 15

*** COSMIC BOWLING ***
pg. 6

earthworms: live!
pg. 10

End Spring Break
School Resumes
(SES, SMS, BHS)

Easter Egg Hunt
pg. 2



Crafts Studio Trip:
Little Easter Market
pg. 5



Boss Council Meeting
pg. 11

Children's Storytime & Crafts
pg. 3



Bunco Tournament
pg. 11



BHS Parent Teacher Conferences
at Abrams Center, Schweinfurt

*** COSMIC BOWLING ***
pg. 6

BHS Parent Teacher
Conferences at BHS

Parents' Night Out
pg. 16



*** COSMIC BOWLING ***
pg. 5



Movie &
Popcorn Night
pg. 11



Children's Storytime & Crafts
pg. 3



Auto Skills Class
pg. 16



Volunteer Recognition
Ceremony
pg. 2



*** COSMIC BOWLING ***
pg. 6

Parent Teacher Conferences
No School
(SES only)

*** COSMIC BOWLING ***
pg. 6

TRIP 'N' Boss with Europa Park
pg. 5

Kinderfest
pg. 15



Boss Council Meeting
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Children's Storytime & Crafts
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**Ledward Library
Book Club**
pg. 3

Women's Recreation Softball Begins
pg. 7

CDC Parade
pg. 15



ARMED FORCES ENTERTAINMENT PRESENTS

earthworms

April 11 | 7 p.m.
Finney Fitness Center



A FRESH TAKE ON
HIP-HOP YOU'LL DIG

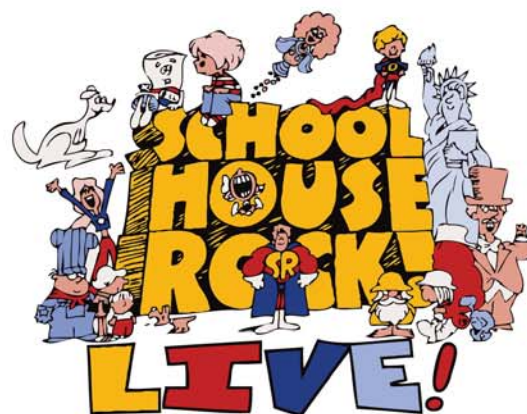


Named the best emerging music act by *St. Louis Magazine*, Earthworms lays down high-energy rhyme with just enough 90's-style sampling for a totally fresh take on hip-hop. Their latest CD *Bottle Full of Bourbon*, produced by DJ Crucial, has regenerated the genre and their live performances, backed by the tightest of live bands Fresh Heir, will blow the roof off!



Congratulations to the Cast and Crew for a sold-out run in March! If you missed it, catch the next USAG Schweinfurt Community Theatre production, *Steel Magnolias* on May 7, 8, 9 and May 14, 15, & 16.

CONGRATULATIONS!



COMMUNITY THEATRE

USAG SCHWEINFURT

ABRAMS
ENTERTAINMENT CENTER



Finney Recreation Center & Better Opportunities for Single Soldiers (B.O.S.S.)

Bldg. 64, Conn Barracks
09721-96-8476 or DSN 353-8476

APRIL 14 & 28, 2 P.M. **BOSS Council Meeting**

Call for info

BOSS FINNEY REC CENTER HAPPENINGS

- April 1: Pool Tournament, 7 p.m.
- April 7: Movie (Comedy TBA) & Popcorn Night, 7 p.m.
- April 8: Halo 3 Tournament, 7 p.m.
- April 16: Open Mic Night, 7 p.m.
- April 21: Movie (Balls of Fury) & Popcorn Night, 7 p.m.
- April 22: Ping Pong Tournament, 7 p.m.
- April 23: BOSS Meet & Greet (Cards and Dominoes), 7 p.m.



USAG Schweinfurt
FISHING LICENSE CLASS

April 3 - 5
Cost: \$65

For more information, contact
Outdoor Recreation
Conn Barracks, Bldg. 50
DSN: 353-8080
CIV: 09721-96-8080



Gals... and guys too!



Indulge yourselves in an evening of fun, food and friendly chatter!

Call 09721-96-8476 or DSN 353-8476 to reserve your seat at the bunco table...or just show up.
Special drawing for advance reservations! No experience necessary.

Win gift cards and other great prizes!

Participants must be 18 or older.

April 15 6 p.m.

May 27 6 p.m.

**Finney Recreation Center /
Ramon's Sports Bar**



**SOUTHERN
COMFORT**



**GENTLEMAN
JACK.**
RARE TENNESSEE WHISKEY



April 2009



English as a Second Language:
Level I: Monday & Wednesday,
11 a.m.-1 p.m.; Level II, Tuesday
& Thursday, 11 a.m.-1 p.m.

Deployment Support Group:
Wednesday, 10 a.m.-12 p.m.
Bldg. 242, MOS Library
Open group; no appt. necessary

Monday

6
Couples Communication, 9-11 a.m.
Beginner German, 11:30 a.m.-1 p.m.
Junior Heroes, appt. only

13
Computer Basic & Windows Vista,
8 a.m.-12:50 p.m.

20
SNAPS, 9 a.m.-2:15 p.m.
Beginner German, 11:30 a.m.-1 p.m.

27
Basic Excel, 8 a.m.-12:50 p.m.
ADD/ADHD Support, 10 a.m.-12 p.m.
Beginner German, 11:30 a.m.-1 p.m.

Tuesday

7
Spons. Training, 9 a.m.-12 p.m.
AFTB Instructor, 9 a.m.-2 p.m.
Playmorning, 10-11:30 a.m.
Anger Mgmt. (Part 1), 3-5 p.m.

14
Basic Word I, 8 a.m.-12:50 p.m.
Parenting with Teens, 9-11 a.m.
Playmorning, 10-11:30 a.m.
FRG Crash Course, 11:30 a.m.-1:30 p.m.
Anger Mgmt. (Part 2), 3-5 p.m.
EFMP Recreation, 3:30-5:30 p.m.
AFTB Level I, 5-8 p.m.

21
Basic Excel II, 8 a.m.-12:50 p.m.
Financial Planning, 9-11 a.m.
Parenting with Teens, 9-11 a.m.
SNAPS, 9 a.m.-2:15 p.m.
Playmorning, 10-11:30 a.m.
Anger Mgmt. (Part 3), 3-5 p.m.

28
Playmorning, 10-11:30 a.m.
Treasurer Training,
11:30 a.m.-1:30 p.m.
Anger Mgmt. (Part 1), 3-5 p.m.

Wednesday

1
Daddy Basic Training,
9:30 a.m.-12:30 p.m.
Beginner German, 11:30 a.m.-1 p.m.

8
Smooth Move, 9 a.m.-12 p.m.
Birth-N-Babies I, 9 a.m.-12 p.m.
AFTB Instructor, 9 a.m.-2 p.m.
Beginner German, 11:30 a.m.-1 p.m.
Budget Mgmt., 3:30-4:15 p.m.
Junior Heroes, appt. only

15
Basic Word II 8 a.m.-12:50 p.m.
OB Orientation, 9 a.m.-12 p.m.
Beginner German, 11:30 a.m.-1 p.m.
AFTB Level I, 5-8 p.m.

22
SNAPS, 9 a.m.-2:15 p.m.
Beginner German, 11:30 a.m.-1 p.m.

29
PowerPoint, 8 a.m.-12:50 p.m.
Beginner German, 11:30 a.m.-1 p.m.

Thursday

2
Basic Web Design, 8 a.m.-12:50 p.m.
Playmorning, 10-11:30 a.m.

9
AFTB Instructor, 9 a.m.-2 p.m.
Playmorning, 10-11:30 a.m.
New Vol. Orient., 10-11 a.m.
Bldg. Vol. Portfolio, 11 a.m.-12 p.m.
Civilian Resume 101, 1:30-4:30 p.m.

16
Internet Explorer & Basic Web
Design, 8 a.m.-12:50 p.m.
Playmorning, 10-11:30 a.m.
FRG 101, 11:30 a.m.-1 p.m.
Federal Resume 101, 1:30-4:30 p.m.
AFTB Level I, 5-8 p.m.

23
SNAPS, 9 a.m.-2:15 p.m.
Playmorning, 10-11:30 a.m.
POC Training, 11:30 a.m.-1 p.m.
Breastfeeding Support, 12-1 p.m.
First Impression, 2-4 p.m.

30
MS Publisher, 8 a.m.-12:50 p.m.
Lunch Bunch, 11 a.m.-2 p.m.
Job Search Strategies, 2-4 p.m.
FRG Roundtable, 6-8 p.m.

Friday

3
Beginner German, 11:30 a.m.-1 p.m.
Junior Heroes, appt. only

10
Birth-N-Babies II, 9 a.m.-12 p.m.
VMIS Training, 10-11 a.m.
Junior Heroes, appt. only

17
Destination Schweinfurt Day
Trip, 9 a.m.-2 p.m.
Beginner German, 11:30 a.m.-1 p.m.

24
SNAPS, 8:30 a.m.-5 p.m.
Asperger's and Autism Support
Group, 10 a.m.-12 p.m.
Beginner German, 11:30 a.m.-1 p.m.

ACS class descriptions are organized alphabetically. Classes meet at ACS, Bldg. 242, Ledward Barracks, unless otherwise specified. To register, call 09721-96-6933 or DSN 354-6933.

ADD & ADHD Support Group

Meet others living with ADD and ADHD and expand your current support network.

AFTB Instructor Training Course

Army Family Team Building (AFTB) trains the Army Family to be self sufficient leaders within their communities. Class focuses on public speaking skills, group management and more.

AFTB Level I

Army Family Team Building (AFTB) trains the Army Family to be self sufficient leaders within their communities. Level I focuses on the basic skills and knowledge needed to live military life.

Asperger's and Autism Support Group

Meet others living with Autism, learn about resources and expand your network of support.

Anger Management

Understand the patterns of your anger and learn to express it in unaggressive ways; three session class with new classes on April 7 & 28.

Beginner German Language

(Yellow Ribbon Room)

Learn basic German communication skills.

Birth-N-Babies I & II

Part I: Pregnancy & Childbirth. Part II: Newborn Care. Both classes are for expecting/new parents or anyone interested in learning about birth and babies.

Breastfeeding Support Group

Share your concerns and experiences with new and experienced mothers.

Budget Management

Learn the basics of financial readiness including principles of personal finances, planning and budgeting, banking and more.

Building Your Volunteer Portfolio

(Yellow Ribbon Room)

Bring your pictures, memos, awards, etc. from volunteering and build your volunteer portfolio.

Civilian Resume 101 (Bldg. 206, Computer Lab)

Topics include civilian resumes and cover/thank you letters. Class is appropriate for job seekers or those updating resumes.

Computer Classes (Bldg. 206, Computer Lab)

Computer Basic & Windows Vista; Basic Word 2007; Basic Word II 2007; Basic Web Design; Basic Excel I 2007; Basic Excel II 2007; PowerPoint; and MS Publisher/Photo Editing.



Couples Communication Through Travel

(Education Center)

Learn how unique travel opportunities in Europe can benefit relations by establishing goals and achieving them. *Free, limited child care available if pre-registered with ACS and CYS Services.*

Daddy Basic Training

Interactive, hands-on class teaches new and expecting fathers the required skills that all new dads need.

Deployment Support Group

Open to Soldiers and spouses to share thoughts, exchange coping strategies, voice concerns and get feedback. Open group; no appointment necessary.

Destination Schweinfurt Day Trip

Free bus transportation to the "Residence Palace" in Würzburg; 12 seats available on bus.

Effective Management of Volunteers

(Yellow Ribbon Room)

Learn about your role as a volunteer manager, how to recruit and keep volunteers involved and more.

EFMP Recreation Activity (Kessler Bowling Center)

Monthly bowling activity for Families enrolled in the Exceptional Family Member Program (EFMP). Meet others and enjoy two free games of bowling.

English as a Second Language I & II

Class assists second-language learners in developing skills needed to achieve English language proficiency.

Federal Resume 101 (Bldg. 206, Room 316)

Learn about Civilian Personnel On-Line (CPOL); Resume Builder (Resumix); the "ANSWER" System and more.

First Impression Employment Readiness

Learn how to make a positive first impression on job interviews. Topics include types of interviews, how to dress, etc.

FRG 101: Intro to the FRG (Yellow Ribbon Room)

Are you new to the military? Come learn how your Family Readiness Group can help you be successful in your new community.

FRG Crash Course for Leaders (Yellow Ribbon Room)

Are you a new FRG leader or are you interested in becoming one? Learn how to manage an effective FRG.

FRG Roundtable (Yellow Ribbon Room)

Open to anyone who is active in his/her FRG. Learn what's going on with other FRGs in your community.

Job Search Strategies

Looking for a job? This is the class for you!

Junior Heroes (Yellow Ribbon Room)

Calling all kids & youth! Come make video, a set of "dog tags," put your picture on a pillow case and send it all "down range."

"Lunch Bunch"

Budget and Family oriented lunch outing on the economy with help of an ACS local national staff member.

New Volunteer Orientation (Yellow Ribbon Room)

All volunteers are invited to learn about VMIS, the importance of volunteering and more.

OB Orientation

Topics include pregnancy, nutrition, resources in the community and more. Mothers and fathers are encouraged to attend.

Parenting with Teens (School Age Services)

Give your pre-teens & teens the tools to become responsible and independent adults. Class is two sessions (April 14 & 21).

Playmorning (School Age Services)

A playgroup for children ages birth to three years. Meet other parents, build your child's social skills and participate in developmental activities.

POC Training (Yellow Ribbon Room)

Learn how to become a more effective Point of Contact (POC) for your FRG. Topics include: phone trees, crisis calls and responsibilities of a unit POC.

Smooth Move Seminar (Education Center)

PCSing soon? Attend this seminar to get tips on packing, shipping, moving with pets and more.

SNAPS Orientation

"Schweinfurt Newcomers Awareness Program for Spouses" is a must for all newcomers. Learn about the city, health care options and more. *Free child care available for week if pre-registered with ACS and CYS Services.*

Sponsorship Training (Education Center)

Come learn the ropes on helping Soldiers and Families who are new to the community.

Treasurer Training (Yellow Ribbon Room)

Learn the responsibilities of a treasurer including how to run a ledger, run a monthly report of funds and more.

Volunteer Management Information System Training (Yellow Ribbon Room)

Learn how to be an active user of VMIS, which provides tools to manage your volunteer activity.



Teen Babysitting Class

April 7-9, 8 a.m.-4 p.m.,
Abrams Center



Class covers CPR and First Aid. Open to teens age 13 and up with parent approval. Teens will be referred to Teen Babysitter List after completing class.

Register by April 3.

For information, call 09721-96-6517 or DSN 354-6517.

Youth Sports and Fitness

Bldg. 241, Ledward Gym; 09721-96-6822 or DSN 354-6822

Hours: Tuesday-Friday, 10 a.m. – 3 p.m.;

Sports Practices: Tuesday-Friday, 4 – 7 p.m.

Youth Sports offers team and individual sports and fitness activities, clinics, camps and special events.

Every Monday

CDC Sports and Fitness Day, 4-5 p.m.

Start Smart Developmental Sport Activities help children learn and develop basic motor skills.

Every Tuesday

Middle School/ Teen Center Sports and Fitness Days, 4-5 p.m.

BGCA Triple Play (Daily Challenges, Healthy Habits, Sports Club, and Social Rec.) and 4-H (Up for the Challenge).

Every Wednesday

SAS Sports and Fitness Day, 4-5 p.m.

Start Smart Developmental Sport Activities, BGCA Triple Play (Daily Challenges, Healthy Habits and Social Rec.) and 4-H (Up for the Challenge).

Every Friday

Wii Sports and Fitness Challenge

Take the challenge from 7-8 p.m. at the Middle School Zone.

March 9 - April 10

Track and Field Registration

Open to youth ages six to 18 with current sports physical and CYS Services registration.



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

Bldg. 444, Abrams Entertainment Center near Ledward Barracks

09721-96-6460 or DSN 354-6460

Register for SKIES Unlimited programs at Central Registration.

Guitar

Ages eight to 18

Tuesday, Wednesday or Thursday

By Appointment Only

\$40 per month for one class/week

Abrams Center

Karate

Ages six to 18

Monday & Wednesday,

5:30-6:30 p.m.

\$40 month for two classes/week

Finney Fitness Center

Piano

Ages five to 18

Monday-Thursday, 4-5 p.m.

\$35 month for one class/week

\$60 month for two classes/week

Abrams Center

Recorder

Ages eight to 13

Wednesday, 3-4:15 p.m.

\$35 month for one class/week

Elementary School

Horseback Riding

Ages seven to 13

Monday, 5-7 p.m.

\$75 month for one class/week

(6 month class)

Seufert Ranch

Jazz Dance

Ages nine to 15

Friday, 4:45-5:45 p.m.

\$35 month for one class/week

Abrams Center

Music Together

Ages one month to four years

Tuesday, 10-11 a.m.

\$35 month for one class/week

Abrams Center

Scuba Diving

By Appointment Only

Bubble Maker (age eight): \$200

Seal Team (age nine): \$330

Skin Diver (ages 10-17): \$100

Ballet

Ages three to five: Wednesday, 4-4:45 p.m.

Ages six to eight: Wednesday, 3-4 p.m., Elementary School

Ages nine to 12: Friday, 3-4 p.m., Elementary School

\$35 month for one class/week

Musical Instruments Instruction (Brass, Woodwind & Percussion)

Ages 12-18

Wednesday-Thursday, 45 minute session by appointment between 4:30-7 p.m.

\$40 for one class/week

Abrams Center

Playground of the German Language

Ages six to nine

Monday, 5-6 p.m.

\$35 month for one class/week

Abrams Center

German Language for Daily Use

Ages ten to 13: Wednesday, 5-6 p.m.

Ages 14-18: Thursday, 5-6 p.m.

\$35 month for one class/week

Abrams Center

Choir

Ages six to 12: Monday, 4:30-6 p.m.

Ages 13-18: Thursday, 4:30-6 p.m.

\$35 month for one class/week

Abrams Center

Singing Lessons

Ages 13-18

By Appointment Only, Monday-Friday

\$35 month for one class/week

Abrams Center



APRIL IS MONTH OF THE MILITARY CHILD

CYS Services is celebrating
military children all month long...



April 2

Bubble Launch, 10 a.m.

Target Audience: Children at the Child Development Center



April 3

SAS Parent/Child Scavenger Hunt, Call for time.

Target Audience: Children & Youth at School Age Services

April 3

Youth Sports & Fitness Soccer Tournament, 4:30-6:30 p.m. Red Field, Conn Barracks

Target Audience: Children & Youth ages three to 18

April 3, 6 & 9

Spring Break Day Trips

April 3: Baumholder; April 6: Nürnberg Zoo and April 9: Holiday Park.

Cost: \$35 for the Zoo and Holiday Park. Register at the Teen Center.

Target Audience: Middle School Youth

April 6-9

Spring Break Trip to Italy (depart April 5 at 10 p.m.) Visit Florence, Pisa & Livorno. Cost: \$140. Register at the Teen Center.

Target Audience: High School Youth

April 6-10

Spring Break Camp: "Spring Back to Nature"

Activities include a field trip to Nürnberg Zoo on April 9, kickball and more!

Target Audience: Children & Youth at School Age Services

April 10

Spring Break Jam, 6-10 p.m. at the Teen Center. Cost is \$5 payable at Central Registration.

Target Audience: Middle School Youth

April 14

Character Counts Workshop for Children, 4-5 p.m.

Target Audience: Children & Youth at School Age Services

April 15 & 30

SAS/ACS Character Counts Workshop for Parents, 5-6 p.m.

Target Audience: Children & Youth at School Age Services

April 23

Spaghetti Lunch, 11:30 a.m. Pre-register at the CDC.

Target Audience: Children at the Child Development Center and their parents

April 24

Family Movie Day. Call for time and to sign-up for event.

Target Audience: Children & Youth at School Age Services and their Families

April 25

Kinderfest, 1:30-4:30 p.m. Held at SAS, Askren Manor. Enjoy fun and games for all members of the community.

Target Audience: All



April 30

Parade, 3:45 p.m. Parents are invited to walk around Askren Manor with their child's classmates

Target Audience: Children at the Child Development Center

For information on events, call the appropriate facility:

Child Development Center: 09721-96-6281 or DSN 354-6281

School Age Services: 09721-82181 or DSN 354-6974

Teen Center: 09721-96-6732 or DSN 354-6732

Youth Sports & Fitness: 09721-96-6822 or DSN 354-6822



Automotive Support Spouse Awareness Program AUTO SKILLS CLASSES

Tuesday-Friday: 1-9 p.m.
Saturday: 9 a.m.-5 p.m.
Closed Sundays and Mondays

Bldg. 49, Conn Barracks
CIV: 09721-96-8224
DSN: 353-8224



Tires

April 9, 6 p.m.

What are all those numbers on your car tires? Learn how to read the sidewall of your tires and understand all the numbers in relation to size and speed ratings.

Preventive Maintenance

April 23, 6 p.m.

Enlighten yourself on how to prolong the life and reliability of your vehicle. We'll cover how to do your own maintenance and general upkeep.

Maintenance Orientation

May 7, 6 p.m.

Learn the proper procedures for using the various types of equipment in the Auto Skills Center. Shop usage cards will be given out with an automotive-related

Passive Restraints

May 21, 6 p.m.

Discover how air bags function and how they affect passengers during a collision. We'll cover where and how infants should be secured and the consequences if they are not.

All classes are free and open to ID cardholders.

For more information, contact the Auto Skills Center.



MEMORIAL DAY RUN

May 30, 9 a.m.

Kessler Fitness Center

Adult 10K or

CYS Services 2/3/5K

To register, call

09721-96-6735 or

DSN 354-6735.



MOTHER'S DAY Brunch

MAY 10

10:30 A.M. - 2 P.M.

CONN COMMUNITY CLUB
BLDG. 90, CONN BARRACKS

FOR RESERVATIONS, CALL
09721-96-6186 OR
DSN 354-6186. RESERVATION
DEADLINE IS MAY 1. A MINIMUM
OF 50 RESERVATIONS REQUIRED
FOR EVENT TO OCCUR.



Parents, need a break?

Child care for ages six
weeks through fifth grade.

PARENTS' NIGHT OUT

APRIL 17, 6:30 - 11:30 P.M.

COST: \$16

Sign up at any CYS Services facility by April 10.

Questions? Call Central Registration.

CIV: 09721-96-6517 or

DSN: 354-6517

